

Functional Anatomic Palpation Systems

Created by Dr. Andreo A. Spina, a Chiropractic sports specialist, medical acupuncturist, and personal training specialist, Functional Anatomic Palpation Systems (F.A.P.) © seminars offer physiotherapists, chiropractors, physicians, massage therapists, osteopaths, and athletic therapists advanced training in soft tissue palpation and assessment. It also provides a great review of clinical and functional anatomy.

During this advanced clinical anatomy course, manual practitioners and students are taught how to locate, palpate, and assess specific anatomic structures using a reproducible and efficient systematic approach. In addition, F.A.P. © instructors provide clinical insight as to the importance of each structure in various clinical conditions, review the functional anatomy of the area, describe the presence of any related myofascial slings, suggest treatment options for clinical conditions, and review current research concerning the structures or clinical conditions to which they may contribute.

How does F.A.P. © use the Primal Software?

The seminars are divided by anatomic region – Upper Limb, Lower Limb, and Spine. The anatomic origin, insertion, innervation, and actions of each structure are reviewed via an on screen presentation with corresponding visuals of the structures courtesy of the Primal 3d anatomy series. Using the Primal software allows visualization of overlying structures as they are “peeled” off to uncover the target muscle, ligament, or tendon. The software also allows the instructor to rotate the structures to visualize them from different angles and vantage points.

“Using the Primal Software allows the participants to see the targeted structure in a 3D manner which is of the utmost importance when learning the subtle art of soft tissue palpation. Without the technology offered by Primal, the F.A.P. © system would never been developed to the extent that it currently is.”

For more information about Functional Anatomic Palpation Systems including upcoming seminar dates visit www.FunctionalAnatomySeminars.com