Pelvic Floor Disorders – an invaluable reference tool, giving an in-depth look into the anatomy of the pelvis and pelvic floor.

View clear, detailed and accurate 3D modeling of the key anatomy of the pelvis and pelvic floor. Choose from highly detailed and labeled views of the pelvis, muscles of the pelvic floor, reproductive system, urinary and digestive systems, bone regions, surface markings, neurology including the lumbar plexus and sacral and coccygeal plexuses, and the autonomic nervous system.

The disc includes an extensive clinical section covering diagnosis, treatment and rehabilitation of common pelvic floor disorders plus a dedicated patient education section with printable information sheets.

Make diagnosis easier – Diagnosis and treatment of these conditions is typically very difficult – knowing the anatomy and their function better will help in assisting accurate diagnosis.

Give yourself the edge – this software is unique - there are very few digital resources available for pelvic floor disorders, making it an invaluable reference tool!

View relevant anatomy in a new perspective through interactive and 3D modeling – interactive functions allow you to rotate the 3D models through 360 degrees and add or remove layers of anatomy to view and label any feature with ease.

Quick and easy access to accurate anatomy, clinical images and text – clicking on any visible structure will bring up relating text and hotlinks to hundreds of additional images – dissections, clinical slides, diagrams, annotated illustrations, video clips and animations.

Save time and money finding images – simple edit functions allow you to export and print any image from the software for use in your own presentations, patient education and student handouts, royalty free.

3D ANATOMY:

Choose from over 45 3D anatomy views - all main views allow you to rotate and add or remove layers of anatomy from the models.

Anatomy overview
- Pelvic contents – main
- Pelvic contents – tumble
- Neurovascular
- Median section
- Pudendal canal

Musculature
- Muscles of the pelvic floor
- Individual muscles
- Bulbospongiosus
- Coccygeus
- Deep transverse perineal muscle
- External anal sphincter
- Ischioinertanosus
- Levator ani
- Sphincter urethrae
- Superficial transverse perineal muscle

Reproductive System
- Reproductive system
- Female reproductive tract
- Female external genitalia

Urinary and Digestive Systems
- Bladder and urethra
- Rectum and anal canal

Bone regions
- Coccyx
- L5
- S1
- Sacrum
- Hip bone

Surface markings
- Surface anatomy
- Dermatomes
- Cutaneous innervation

Neurology
- Lumbar plexus – overview
- Obturator nerve
- Femoral nerve
- Iliohypogastric nerve
- Ilioinguinal nerve
- Genitofemoral nerve
- Lateral femoral cutaneous nerve
- Saphaneous nerve

Sacral and coccygeal plexuses
- Sacral and coccygeal plexuses – overview
- Tibial nerve
- Common Fibular nerve
- Superior Gluteal nerve
- Inferior Gluteal nerve
- Posterior cutaneous nerve
- Pudendal nerve
- Coccygeal nerve

Autonomic Nervous System
- Parasympathetic nervous system
- Sympathetic nervous system

All 3D models are interactive and fully labeled with detailed explanatory anatomy text and links to all relating content within the software.

3D Muscle Function Animations
Contraction of the pelvic floor I
Contraction of the pelvic floor II
Contraction of the pelvic floor III
Contraction of the pelvic floor IV

Illustrations and clinical slides
For each topic, background, etiology, diagnosis, treatment and rehab (including kegel exercises) are discussed:

**Prolapse**
- Cystocele - bladder
- Cystourethrocele – urethra and bladder
- Urethrocele
- Vaginal prolapse – vagina
- Enterocele - small intestine – viewed through the vagina
- Rectocele - rectum – viewed through the vagina
- Procidentia – uterine

**Incontinence**
- Fecal incontinence
- Urinary incontinence
- Stress incontinence
- Urge incontinence
- Overflow incontinence
- Mixed incontinence
- Interstitial cystitis

**Voiding dysfunction**

**Pain Syndromes**
- Proctalgia fugax
- Levator ani syndrome

**Pelvic floor postpartum**

**Kegel exercises**

**Patient Education Sheets for each condition**

- Prolapse
- Incontinence
- Pain syndromes
- Voiding dysfunction
- Pelvic Floor Postpartum

Each sheet will include:
- Background
- Condition
- Treatment and advice
- Text plus appropriate images and diagrams

Authors:

| Allison Ariall, DPT, CLT  
| Rhonda Kotaronis, PT, MS |

If you have any further queries regarding the content of this DVD-ROM, please contact us emma@primalpictures.com